

Youth Survey 2016

 **21,846** 
respondents aged 15-19 years

Top 3 personal concerns:

stress (44.4%)
highly concerned



school (37.8%)
highly concerned



body image
(30.6%)
highly concerned



The % of
young people
indicating
**mental
health as a
top national
concern has
DOUBLED**
in the last
6 years

Young people need:

- ✓ **Skills to cope** with stress
- ✓ **Support** in times of need
- ✓ Mental health and drug and alcohol **awareness programs**
- ✓ Access to **mental health and drug and alcohol services**
- ✓ Access to **detoxification and rehabilitation** services

Top 3 national issues:

**alcohol
and
drugs**



28.7%

**discrimination
and
equity**



27.0%

**mental
health**



20.6%

1 in 4



young people
experienced
unfair
treatment or
discrimination
in the past year



Top 3 reasons:

gender (39.1%)

**race/cultural
background** (30.8%)

age (22.1%)

1 in 2



young people
witnessed
someone being
unfairly treated
or discriminated
against



Top 3 reasons:

**race/cultural
background** (57.5%)

sexuality (41.4%)

**physical health or
ability** (35.3%)

Gender discrimination:

Of the three in ten young
females who reported
experiencing discrimination,



HALF

reported gender discrimination

Of the four in ten **Aboriginal and
Torres Strait Islander young
people** who reported
experiencing **discrimination**,

MORE THAN HALF

reported discrimination on
the basis of race or
cultural background

**Discrimination needs to be combatted through
political leadership, education, media interventions and
programs** at the organisational and community level.

