

# Suicide Prevention Program (SPP)

Katherine

## About SPP

We develop, promote and deliver suicide prevention activities, whilst building community awareness and capacity to respond to suicide and other related issues. We help our clients to get the right help at the right time by working closely with them to identify their own individual pathways to independence.

This includes case management, gatekeeper education, crisis intervention, advocacy and referrals to other support services that can give them the help and support they need.

Through our services, we deliver a combination of practical support and guidance to help people turn their lives around.

## Who we support

We support individuals, families and organisations across:

- Katherine
- Binjari
- Barunga, Beswick
- Manyallaluk
- Mataranka
- Jilkminggan
- Minyerri
- Kalkarindji
- Lajamanu

## How we support you

- Case management
- Advocacy
- Referral to other support services
- Client empowerment
- Education
- Peer counselling
- Develop your individual goals

## How to make a referral

Referrals can be made by:

- Family member
- Carer
- General Practitioner
- Psychologist
- Caseworker
- Other Service Provider
- Self-refer

## About Mission Australia

Mission Australia is a non-denominational Christian community service organisation that helps people regain their independence through early learning and youth services, family support and homelessness initiatives, employment and skills development, and affordable housing.

Together we stand with Australians in need, until they can stand for themselves.



## Contact us

If you have any questions please contact us at:

Katherine

a: 25 Giles Street, Katherine NT 0850

t: 08 8971 3078

e: [mentalhealth.katherine@missionaustralia.com.au](mailto:mentalhealth.katherine@missionaustralia.com.au)

w: [www.missionaustralia.com.au](http://www.missionaustralia.com.au)