# Self managing your NDIS plan Workshop

Community and Mainstream Engagement
Western Australia









#### **NDIS Information Sessions:**

This workshop is aimed at participants, their families and carer's currently self-managing or about to have their planning meeting and are considering it.

#### **Preceding sessions:**

- Understanding the NDIS
- Preparing for your Planning conversation
- Using your NDIS Plan

#### **Audience specific presentations:**

- Self-managing your NDIS plan
- Psychosocial Disability and the NDIS
- GP's, Allied Health and the NDIS



#### **Overview**

ndis

- NDIS process
- What is Selfmanagement?
- Why Self-Manage?
- Type of Support Budgets
- Providing Bank Details
- Payment Requests
- Recordkeeping

- Engaging your Support worker
- Participant Portal
- Contact Details





# Who can help you start your plan?



Your LAC, ECEI Coordinator or Support Coordinator will help you start your NDIS plan.

#### They can help you:

- Understand your plan and what supports and services you can pay for with your NDIS funding
- Connect with community and other government services
- Find providers
- Put service agreements and service bookings in place with your providers
- If you have questions, concerns or something in your life changes

#### Our Partners helping in WA



**APM** are the LAC Partners in:

North Metro, Central South Metro, South Metro, South West, Great Southern & Inner Wheatbelt





Mission Australia are LAC Partners in:

North East Metro, Central North Metro & South East Metro

#### Wanslea are ECEI Partners in:

Central South Metro, South Metro, South East Metro, South West, Great Southern Inner Wheatbelt, North East Metro, Central North Metro and South East Metro





#### **Overall Process**



Management options **Bank Account Details Form** Plan **Approval** Plan **Implementation Payment** Request



### **Management Options**



#### **Self-Managed**

NDIA pays Participant

Choose Any Providers

Record Keeping

Payment Requests

#### **Agency Managed**

**NDIA pays Provider** 

NDIS Registered Providers Only

**NDIS Price Guide** 

**Service Booking** 

#### **Plan Managed**

NDIA pays through the Plan Manager

**Choose Any Providers** 

**NDIS Price Guide** 

**Service Bookings** 



### Why Self-Manage?



- CHOICE of supports and how they are delivered
- FLEXIBILITY to use any Provider
- CAPACITY to employ or contract staff directly
- ABILITY to negotiate costs of supports



### Are you ready to self-manage?



- Do you pay your bills on time?
- Can you read a bank statement and see if there is anything that you have not authorised?
- Can you keep and organise receipts, bank statements and other paperwork?
- Can you be firm with someone if you don't like what they are doing to support you?
- Do you understand which skills you do and don't have when it comes to filling out forms or handling money, and do you know who to ask for help?
- If you want to hire your own staff directly, do you know what the laws are about hiring your own staff?

If you answered yes to all of these questions, then you are ready to consider self-managing part, or all, of your NDIS Budget.

## **Self-management Responsibilities**





Managing your Plan Budget







Keeping receipts and records, providing these to NDIA if requested







An NDIS Plan has three support budgets:

- Core
- Capital
- Capacity Building

You receive reasonable and necessary

funding under the relevant budget, depending on your goals and support needs.









The 'Core' supports budget has four support categories:

- Daily activities
- Consumables
- Assistance with Social & Community participation
- Transport

Funding is flexible across each category (some exceptions apply to Transport).

### Capital supports budget

ndis

The Capital supports budget has two support categories:



- Assistive Technology
- Home Modifications



Funding is NOT flexible within the Capital supports budget. Any equipment requests need to be prescribed by a Therapist.



# **Capacity Building (CB) funding**



Capacity Building (CB) funding is allocated across 9 support categories.

Each category is aligned to your plan goals.

You can choose how to seend funds on any approved individual support within a category.

You cannot move funding from one category to another.

# **Your Plan**



SUPPORT	SUPPORT CATEGORY (Plan Budgets)	APPEARANCE ON THE PORTAL			
PURPOSE	1 Assistance with Daily Life	Daile Astinition			
	1. Assistance with Daily Life	Daily Activities			
	2. Transport	Transport			
CORE	3. Consumables	Consumables			
	4. Assistance with Social &	Social Community and Civic			
	Community Participation	Participation			
CADITAL	5. Assistive Technology	Assistive Technology			
CAPITAL	6. Home Modifications	Home modifications			
	7. Coordination of Supports	Support Coordination			
	8. Improved Living Arrangements	CB Home Living			
	9. Increased Social and Community	CB Social Community and Civic			
	Participation	Participation			
CAPACITY	10. Finding and Keeping a Job	CB Employment			
BUILDING	11. Improved Relationships	CB Relationships			
	12. Improved Health and Wellbeing	CB Health Wellbeing			
	13. Improved Learning	CB Lifelong Learning			
	14. Improved Life Choices	CB Choice Control			
	15. Improved Daily Living Skills	CB Daily Activities			

### **Overall flexibility limitations**



Funding flexibility is limited in the following ways:

- Claims can only be paid for supports provided <u>from</u>
   <u>the</u> date the plan is approved.
- Funds are not flexible between management options once set up.
- If using a mix of management options, once selfmanaged funding is used up, participants cannot use Agency managed funds to pay for those services.
- You cannot use other funds to claim categories or supports that are not funded (approved) in your plan

# Terms used on your plan and what they mean



#### Stated supports (not flexible)

'Stated supports' are not flexible - funding cannot be used for anything else.

#### **Quote required**

Supports considered during planning but additional information such as quotes or require specialist or therapist reports will be required before funding can be made available in your plan.

#### In-kind supports (pre-paid)

Supports listed as 'in-kind', means the service has already been paid for by your state, territory or the Australian government.

# What can you spend your funding on?



# Consider the following when deciding what to buy with your NDIS funding:

- Will the support or service achieve your NDIS plan goals?
- Is the support or service reasonably priced?
- Can you afford the support or service in your NDIS budget?
- Will the support or service help you to improve how you connect with your local community and the relationships you have?
- Is the support or service something that should be funded by other government services?
- Will the support or service help you to participate in activities to help you to find a job?
- Is it value for money?
- Is it safe?

# **Gap Payments/Double Dipping**



- Supports may be paid by either private health insurance,
   Medicare or NDIS; it cannot be a combination.
- Supports received & paid by NDIS are not claimable against other Commonwealth Programs such as Medicare.
- Use of health insurance to pay a funded support would also be classed as double dipping.
- If there is funding in a participant's plan for therapy, the participant cannot claim this service from their health insurance or Medicare and pay the gap from NDIS.
- If concerned that funding in the plan will not be enough, speak to your Planner, LAC or ECEI coordinator.

# ndis

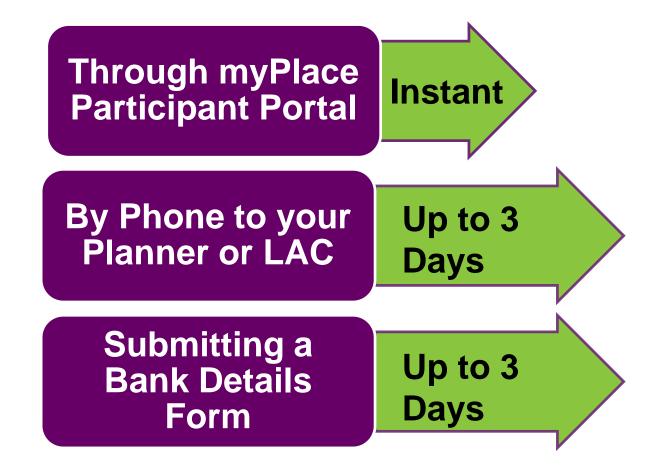
#### **Bank Details**

- We recommend having a separate bank account for NDIA payments.
- You can open an account in your child's name in most banks.
- Bank Account Details will need to be entered under the payee nominee
- NDIS payments do not need to be declared as income or to the ATO.

ı	Bank Account Details	
	Name of Bank or Financial Institution	
	BSB Number (6 digits)	
	Account number	
	Account held in the name(s) of (must be the participant, plan nominee or child representative)	



# Methods to Update Bank Details ncis



#### **SESSION BREAK**









First, you will need to have a myGov account

https://www.youtube.com/watch?v=JWxhoE9QQ\_8
 myGov is an easy way to access all your government services on the internet



You can call the myGov Helpdesk on 13 23 07, select **Option 1**.

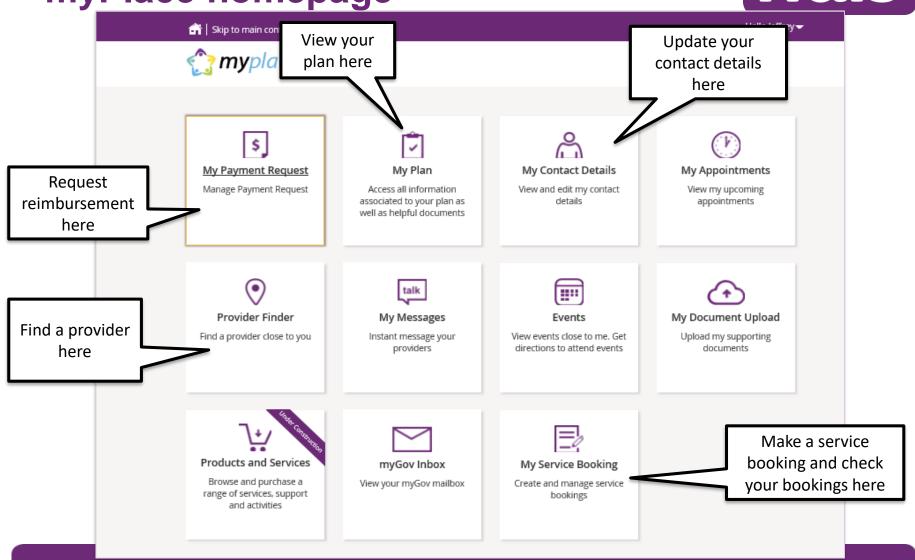
Available:

Monday – Friday 7:00am - 10:00pm

Saturday & Sunday 10:00am - 5:00pm, in local timezones







#### **Payment Requests**

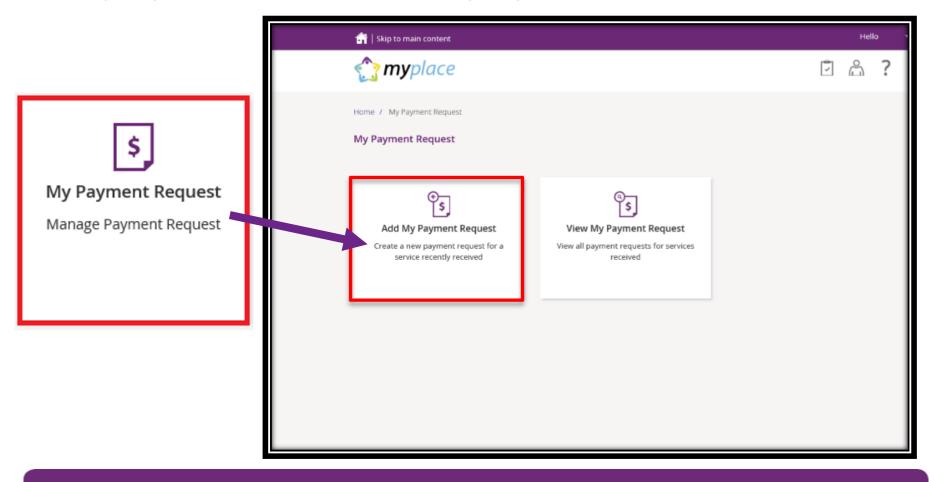


- Submitted via the portal. If any problems, can be submitted using a manual My Plan Purchases Claim Form.
- Submit as often as you like (recommend at least once a month).
- Separate claims for different providers easier to reconcile
- Multiple claims for the same support category can be submitted together – dates each support was delivered need to be listed.
- Cannot make claims for future dates. Exceptions (eg: Worker's Comp) need to be assessed by NDIA on a case by case basis.
- Claims cannot be submitted for supports provided across plan periods (one plan ending and another starting). Claims need to be split accordingly to each period.
- A wrong payment request can be cancelled and resubmitted.
   This creates a recovery (-ve amount) that offsets against future claims.

#### **Submitting a Payment Request**



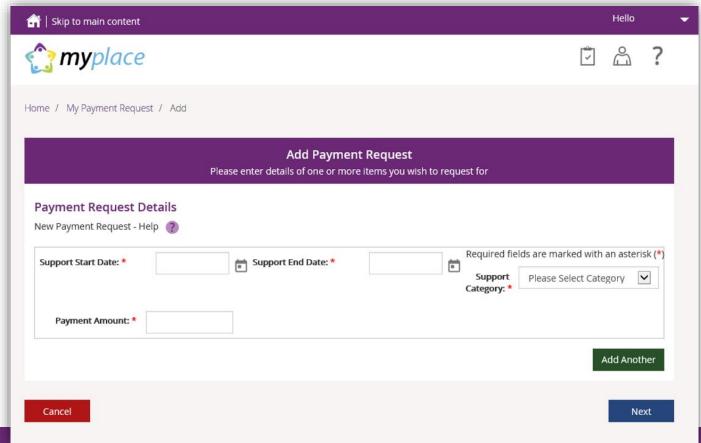
#### Click My Payment Request then Add My payment Request

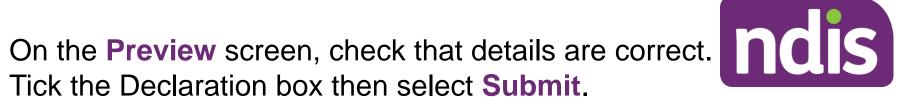


#### **Payment Request**

Type in the details of your **Payment Request.** For more than one Payment Request, select **Add Another**. Select Next.

Please Note: Support dates cannot cross over 2 plan dates







Preview  Please review your payment request before submitting						
Pa	yment Request	Details				
	Support Start Date:	06/06/2016	Support End Date:	06/06/2016	Support Category: Daily A	ctivities
	Payment Amount:	\$85.00				
Pa #	yment Request Support Category	Amount Sui	mmary Total Amount			
1	Daily Activities		\$85.00			
	Grand Total		\$85.00			
					A plan. I understand that I may be au ovided on this payment request is tru	
	Back	Cancel				Submit

### My Plan Purchases Claim Form



#### **Form**

#### ndis

#### MyPlan Purchase Payment Request Form

Only complete this form to record payments made for supports in your plan if you cannot use on-line payment request tool in the myplace Participant Portal. If you need help using myplace or to make an on-line payment request, call us on 1800 800 110 or talk to your National Disability Insurance Scheme (NDIS) contact.

#### Participant details

Full name	
Date of birth	DD/MM/YYYY
NDIS number	

#### The following payments for NDIS self-managed supports have been made

Support Item (Category)	Claim Start Date	Claim End Date	Invoice Receip	-	Amount Paid (GST Inclusive)
Total amount of this payment request (GST inclusive):					

#### Third party details

Only required if someone other than participant is completing form.

Full name	
Date of birth	
Relationship to participant (must be the plan nominee or child representative)	

#### **Form**

#### Statement

- I confirm that the information provided on this form is true and correct, and meets the guidelines for self-managed supports
- I have not previously claimed these purchases (on-line or using this form)
- I will ensure that all receipts supporting the spent amounts on this form are kept for a period of five years
- I understand that I may be audited by the National Disability Insurance Agency (NDIA) to verify the amounts claimed.
- . I understand that giving false or misleading information is a serious offence
- I understand that this information is protected by law and can only be given to someone else where Commonwealth law allows, or requires it, or where I give permission.

Full name	
Relationship to participant	
(if not participant)	
e.g. child representative, plan nominee	
Signature	
Date	

- This form needs to be signed and dated.
- A self-managing participant or their nominee can submit the form as often as they prefer. However, we recommend a minimum of once a month.
- Completed claim forms may be scanned or photographed & emailed to <u>finance.wa@ndis.gov.au</u> or dropped at the office for processing. (3-5 Days)

#### Q and A



If you are self-managing and need to pay bills, do you get the money first or do you pay and it gets reimbursed to you? How does this happen?

You can only make a claim for payment once you've received an invoice or receipt from the provider you have chosen to use.

Once you have the invoice, you then have two options:

- You can make the payment and then claim reimbursement of the funds from the NDIA.
- You can claim the expense first the money should be in your account within 48 hours (depending on your bank) – and then use those funds to pay the invoice.

#### Recordkeeping



#### Keep all invoices/receipts

- Keep all invoices and receipts of any claims. You do not need to send the receipts or invoices to us, unless requested.
- We suggest you keep your bank statements, or a printout of the transactions from your NDIS bank account.
- If paying by internet banking we also recommend printing the transactions and attaching it to the invoices/receipts.
- For your own records we recommend you attach all receipts being claimed to your copy of the My Plan Purchases Claim form.

NDIA - All records and receipts need to be kept for 5 years

Tax related records (eg. Employee wages etc) need to be kept for 7 years

### **Methods of Recordkeeping**



- Records can be kept electronically or in paper files.
- Write the payment request number on every invoice or receipt
- Scan / photocopy receipts for your own records, or take a photo, as they can sometimes fade.
- If you have any queries, contact us.

### **Engaging Your Support Worker**



As a self-managed NDIS participant, you can choose your service providers, self-employed contractors or you can become the employer.

## **Employee or Contractor?**

The ATO online tool "Employee or Contractor" can help you classify your worker as an employee or contractor for tax and super purposes.

The ATO website also covers everything you need to do for a NDIS Support Worker: Wage, Super, Tax, Workers Comp...



### Finding a Support Worker

**Consider Advertising** 

# Consider pre-employment checks

- Experience in working with disability
  - Police Clearance
    - Relevant Skills

Consider training your support worker

#### **Service agreements**

You will normally need to make a written agreement with your provider(s). This is called a **Service Agreement**.

- Service Agreements should be simple and set out how and when your supports will be delivered.
- Service Agreements can be made between you and your provider, or between another person (like a family member or friend) and your provider.
- Service Agreements are different from your NDIS plan. Your plan lists your NDIS supports, but a Service Agreement is about delivering those supports.





# Things you can put in your Service Agreement:



- The supports provided under the Service Agreement
- The cost of those supports
- How, when and where you would like your supports provided
- How long you need the supports to be provided
- When and how your Service Agreement will be reviewed
- How any problems or issues that may arise will be dealt with
- Your responsibilities under the Service Agreement such as letting your provider know if you can't make an appointment
- Your provider's responsibilities under the Service Agreement such as working with you to deliver your supports in the right way
- How you or your provider may change or end the Service Agreement.





You have the responsibility of maintaining a safe workplace for any person working on your premises.



### A Safe Workplace

- Maintaining your home so that it is free of risks to health and safety
- ✓ Providing and maintaining safe equipment
- ✓ Providing for safe use and storage of substances
- ✓ Providing adequate facilities for your support worker's welfare
- ✓ Providing proper information, training, instruction and supervision to minimise injury or illness
- ✓ Monitoring the health of your support worker, and the work conditions in your home to minimise injury or illness

Worksafe WA can help

# ndis

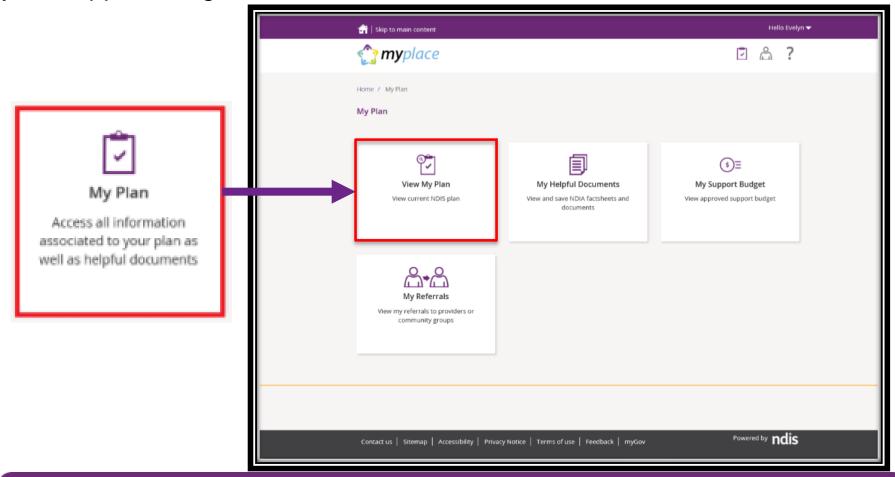
# Workers' Compensation Insurance

- It is recommended that you have a workers compensation insurance
- Covers you in case of accidental injury for a Support Worker in your home
- Your insurance premium can be claimed out of your plan
- Claim it against the relevant line item in your plan.
- WorkCover run the workers compensation schemes and can provide you with information

#### **View Your Plan**



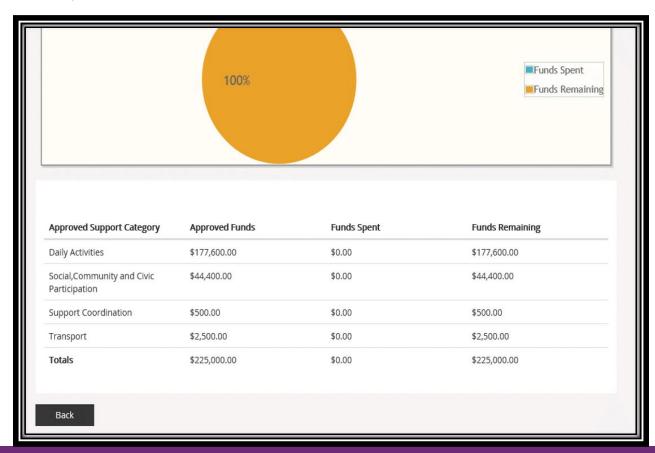
You can **view** your most recent **NDIS Plan**, guideline documents, your support budget and referrals.



#### **View My Support Budget**



- Shows your approved funds, funds spent, and funds remaining.
- Reflects payments which have been processed and paid.



#### **Service Bookings**



# If you are fully Self-Managed there is no need to create service bookings.

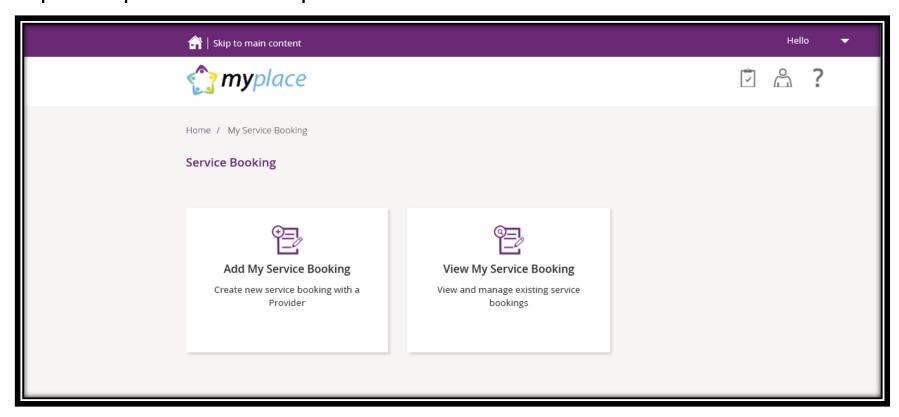
#### **Service Bookings**

- Allows you to link your funded supports to your choice of NDIS registered provider
- Shows the type of support to be provided, length of time it is needed for, and confirms there is funding available in your plan to pay for the support.
- Can be created by Participants, their nominee, or their Plan Manager. A Participant may be supported by an Agency representative to complete their Service Bookings and can also ask a Provider to do this on their behalf.

#### My Service Bookings



This section allows you to create and manage your Service Bookings. Service Bookings are important as they lock specific support(s) to a specific provider for a specific time frame





#### **Important links**

You may find the following links useful:

- Pricing and payment (https://www.ndis.gov.au/providers/pricing-and-payment.html)
- Find registered service providers
   (https://www.ndis.gov.au/document/finding-and-engaging-providers/find-registered-service-providers.html)
- Manual self-management claim form (<a href="https://www.ndis.gov.au/participant/self-managing-budgets.html">https://www.ndis.gov.au/participant/self-managing-budgets.html</a>)

#### **Questions & General Enquiries?**

ndis

Visit: www.ndis.gov.au

**Phone: 1800 800 110** (8am – 8pm local time)

Email: enquiries@ndis.gov.au

#### **Contact Details – Self-management**

Email: finance.wa@ndis.gov.au

**Address:** National Disability Insurance Agency

**Finance Team** 

Midland Office – Western Australia

GPO Box 700

Canberra ACT 2601

**Partners:** 









Like us on Facebook



Thank You for attending the session today

